INTERNAL ASSIGNMENT QUESTIONS
M.A. (PSYCHOLOGY) SEMESTER - II

2025

PROF. G. RAM REDDY CENTRE FOR DISTANCE EDUCATION
(RECOGNISED BY THE DISTANCE EDUCATION BUREAU, UGC, NEW DELHI)
OSMANIA UNIVERSITY
(A University with Potential for Excellence and Re-Accredited by NAAC with "A" + Grade)

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DIRECTOR
Prof. N.Ch. Bhatracharyulu
Hyderabad – 7 Telangana State

PROF.G.RAM REDDY CENTRE FOR DISTANCE EDUCATION
OSMANIA UNIVERSITY, HYDERABAD – 500 007

Every student of M.A. Psychology II Semester has to write and submit **Assignment** for each paper compulsorily. Each assignment carries **30 marks.** The marks awarded to the students will be forwarded to the Examination Branch, OU for inclusion in the marks memo. If the student fail to submit Internal Assignments before the stipulated date, the internal marks will not be added in the final marks memo under any circumstances. The assignments will not be accepted after the stipulated date. **Candidates should submit assignments fee only remaining Examination fee pay to Examination Branch, OU, after notification separately to be issued.**

Candidates are required to submit the Assignment fee receipt of Rs.500/- along with the assignment answers scripts at the concerned counter on or before **31.12.2025** and obtain proper submission receipt.

ASSIGNMENT WITHOUT EXAMINATION FEE PAYMENT RECEIPT (ONLINE) WILL NOT BE ACCEPTED
Assignments on Printed / Photocopy / Typed will not be accepted and will not be valued at any cost.

Only HAND WRITTEN ASSIGNMENTS will be accepted and valued.

Methodology for writing the Assignments (Instructions) :

1. First read the subject matter in the course material that is supplied to you.
2. If possible read the subject matter in the books suggested for further reading.
3. You are welcome to use the PGRRCDE Library on all working days for collecting information on the topic of your assignments. (10.30 am to 5.00 pm).
4. Give a final reading to the answer you have written and see whether you can delete unimportant or repetitive words.
5. The cover page of the each theory assignments must have information as given in FORMAT below.

FORMAT

1. NAME OF THE STUDENT :
2. ENROLLMENT NUMBER :
3. NAME OF THE COURSE :
4. SEMESTER (I, II, III & IV) :
5. TITLE OF THE PAPER :
6. DATE OF SUBMISSION :

6. Write the above said details clearly on every subject assignments paper, otherwise your paper will not be valued.
7. Tag all the assignments paper wise and submit them in the concerned counter.
8. Submit the assignments on or before **31-12-2025** at the concerned counter at PGRRCDE, OU on any working day and obtain receipt.

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INTERNAL ASSIGNMENT QUESTION PAPER

COURSE: M.A. (Psychology) II Semester

Paper: I Subject: Health Psychology

Total Marks: 30

Section – A

UNIT – I: Answer the following short questions (each question carries two marks) 5x2=10

1. Biopsychosocial model.
2. Health locus of control.
3. Organic and psychogenic pain.
4. Problem-focused coping.
5. Risk factors of hypertension.

Section – B

UNIT – II: Answer the following Questions (each question carries ten marks) 2x10=20

1. Briefly discuss any two theories of Health Psychology.
2. Explain the concept of stress. What are the causes, types and consequences of stress.

Name of the Faculty: P. Sivanuja

Dept. of Psychology

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INTERNAL ASSIGNMENT QUESTION PAPER

COURSE: M.A. (Psychology) II Semester

Paper: II Subject: POSITIVE PSYCHOLOGY

Total Marks: 30

Section – A

UNIT – I : Answer the following short questions (each question carries two marks) 5x2=10

1. Western perspectives on Positive Psychology
2. Successful Aging
3. Mindfulness
4. Gratitude
5. Gainful Employment

Section – B

UNIT – II : Answer the following Questions (each question carries ten marks)

2x10=20

1. Discuss the various measures of strengths in detail, and illustrate your answer with appropriate examples.
2. Explain in detail the concept of living well at every stage of life, supporting your answer with suitable examples.

Name of the Faculty :
MENDIKAR SWARNA

Dept. Psychology

PROF. G. RAM REDDY CENTRE FOR DISTANCE EDUCATION

OSMANIA UNIVERSITY, HYDERABAD–500 007

INTERNAL ASSIGNMENT QUESTION PAPER

COURSE: M.A. (Psychology) II Semester

Paper: Social Psychology Subject: Psychology

Total Marks: 30

Section – A

UNIT – I : Answer the following short questions (each question carries two marks). 5x2=10

1. Cognitive Dissonance
2. Explain the five-step model to help in emergencies
3. Social Facilitation and Social Loafing with examples
4. Techniques to counter Prejudices
5. Territoriality

Section – B

UNIT – II : Answer the following Questions (each question carries ten marks)

2x10=20

1. Discuss the theories of attribution.
   a. Kelley's Covariation Model
   b. Correspondent Inference Theory
2. Write about Social Identity Theory and explain Relative Deprivation Theory.

Name of the Faculty : P Layavardhan

Dept. Psychology